

Unit PPL1PC6 (HL02 04) Prepare and Cook Rice

I confirm that the evidence detailed in this unit is my own work.

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| **Candidate’s name** |  | **Candidate’s signature** |  | **Date** |
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I confirm that the candidate has achieved all the requirements of this unit.

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| **Assessor’s name** |  | **Assessor’s signature** |  | **Date** |
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| **Countersigning — Assessor’s name****(if applicable)** |  | **Countersigning — Assessor’s signature****(if applicable)** |  | **Date** |
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I confirm that the candidate’s sampled work meets the standards specified for this unit and may be presented for external verification.

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| **Internal verifier’s name** |  | **Internal verifier’s signature** |  | **Date** |
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| **Countersigning — Internal verifier’s name****(if applicable)** |  | **Countersigning — Internal verifier’s signature****(if applicable)** |  | **Date** |
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| **External Verifier’s initials and date (if sampled)** |  |

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| **Unit overview** |
| This unit is about preparing, cooking and finishing simple rice dishes, for example:* boiled rice
* steamed jasmine rice
* braised rice

The unit covers the following types of rice:* long
* short

You will use the following preparation and cooking methods:* washing
* steaming
* boiling
* straining
* braising
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| **Sufficiency of evidence** |
| There must be sufficient evidence to ensure that the candidate can consistently achieve the required standard over a period of time in the workplace or approved realistic working environment. |

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| **Performance criteria** |
| **What you must do:** |
| There must be evidence for all Performance Criteria (PC). The assessor **must** assess PCs 1−6 by directly observing the candidate’s work.PC 7 may be assessed by alternative methods if observation is not possible. |
| 1 Check that the rice is fit for cooking.2 Choose the right tools and equipment for preparing and cooking rice.3 Use the tools and equipment correctly when preparing and cooking rice.4 Prepare the rice to meet requirements.5 Cook the rice as required.6 Ensure the rice is at the right temperature for holding and serving.7 Store any rice not for immediate use in line with food safety regulations, if permitted in your organisation. |

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| **Scope/Range** |
| **What you must cover:** |
| **All** scope/range must be covered. There must be performance evidence, gathered through direct observation by the assessor of the candidate’s work for: |
| **one** from:a long riceb short rice | **three** from:c washingd steaminge boilingf microwavingg straining | Evidence for the remaining points under ‘what you must cover’ may be assessed through questioning or witness testimony. |

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| **Evidence reference** | **Evidence description** | **Date** | **Performance criteria** | **Scope/Range** |
| **What you must do** | **What you must cover** |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** | **a** | **b** | **c** | **d** | **e** | **f** | **g** |
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| **Knowledge and understanding** | **Evidence reference****and date** |
| **What you must know and understand** |
| For those knowledge statements that relate to **how** the candidate should do something, the assessor may be able to infer that the candidate has the necessary knowledge from observing their performance or checking products of their work. In **all** other cases, evidence of the candidate’s knowledge and understanding must be gathered by alternative methods of assessment (eg oral or written questioning). |
| 1 | How to store uncooked rice. |  |
| 2 | How to check the rice to make sure it is fit for preparation and cooking. |  |
| 3 | What you should do if there are problems with the rice. |  |
| 4 | The right tools and equipment for the preparation and cooking methods. |  |
| 5 | Why it is important to use the correct tools and equipment. |  |
| 6 | How to use the preparation and cooking methods. |  |
| 7 | How to tell if rice is properly cooked. |  |
| 8 | The correct temperatures for holding and serving cooked rice. |  |
| 9 | The correct storage requirements for rice not for immediate consumption. |  |

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# Supplementary evidence

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| **Evidence** | **Date** |
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| **Assessor feedback on completion of the unit** |
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